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FOR IMMEDIATE RELEASE

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**Freedom Credit Union Employees Trained in CPR and First Aid,
(Warminster, PA –November 27, 2013)**

Freedom Credit Union Employees received training in Heartsaver® CPR AED (Automated External Defibrillator) and Heartsaver® First Aid earlier this month. Twenty-two Freedom employees participated in the one day training provided by Bucks County Community College's Department of Allied Health.

Heartsaver® CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with American Heart Association's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

Heartsaver® First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.



Twenty-two Freedom Credit Union employees participated in CPR and First Aid training provided by Bucks County Community College's Department of Allied Health.

About Freedom Credit Union

[Freedom Credit Union](#), chartered in 1934, is a community-based, full-service financial institution that offers a banking alternative to consumers. Anyone who lives, works, worships, performs volunteer service, or attends school in Bucks, Chester, Delaware, Montgomery, or Philadelphia Counties is eligible to use their services. Freedom Credit Union has over \$600 million in assets and more than 60,000 members, operating branch offices in Abington, Lansdale, Philadelphia and Warminster, Pennsylvania.

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